



Seven Peppercorns: Traditional Thai Medical Theory for Bodyworkers (annotated edition)

By Nephyr Jacobsen

Findhorn Press Ltd. Paperback. Book Condition: new. BRAND NEW, Seven Peppercorns: Traditional Thai Medical Theory for Bodyworkers (annotated edition), Nephyr Jacobsen, "Seven Peppercorns" covers the vast scope of traditional Thai medicine practices including: Thai element theory, physical therapies, medical Buddhism, herbal medicine for massage, divinatory practices, and spirit medicine; all held within the context of a Thai bodyworker's instructional manual. This is not another step-by-step Thai massage photographic sequence book, but rather an in-depth training in the theory behind the steps, with instruction in a wide range of esoteric Thai physical therapies designed to bring practical understanding of Thai bodywork as it is practiced by traditional doctors in Thailand. "Seven Peppercorns" is divided into twelve main segments; each segment containing several chapters. The organizational flow takes the reader from introduction, overview and history, through an understanding of Thai anatomy, including element, point, and sen line theory, to instruction in Thai diagnosis, actual physical manipulations and practical application of the shamanistic and Buddhist components of traditional Thai medicine as it applies to bodywork; all in an easy-to-follow well organized format. Included in this guide are Thai self care practices and exercises as well as treatment guidelines for specific disorders. "Seven Peppercorns"...



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Reviews

Very useful to all of group of folks. I could possibly comprehend every little thing using this created e book. You wont truly feel monotony at anytime of your time (that's what catalogs are for concerning in the event you ask me).

-- **Claire Carroll DVM**

A brand new electronic book with a new standpoint. It is writter in basic phrases rather than confusing. Its been designed in an extremely basic way which is merely right after i finished reading through this publication where basically altered me, change the way i believe.

-- **Kitty Crooks**