



## If Only You People Could Follow Directions

By Jessica Hendry Nelson

Audible Studios on Brilliance, United States, 2016. CD-Audio. Book Condition: New. Unabridged. 171 x 133 mm. Language: English . Brand New. If Only You People Could Follow Directions is a spellbinding debut by Jessica Hendry Nelson. In linked autobiographical essays, Nelson has reimagined the memoir with her thoroughly original voice, fearless writing, and hypnotic storytelling. At its center, the book is the story of three people: Nelsons mother Susan, her brother Eric, and Jessica herself. These three characters are deeply bound to one another, not just by the usual ties of blood and family, but also by a mother s drive to keep her children safe in the midst of chaos. This audiobook begins with Nelsons childhood in the suburbs of Philadelphia and chronicles her father s addiction and death, her brother s battle with drugs and mental illness, her own efforts to find and maintain stability, and her mother s exquisite power, grief, and self-destruction in the face of such a complicated family dynamic. Each chapter in the book contends with a different relationshipfriends, lovers, and strangers are all playbut at its heart the book is about family, the ties that bind and enrich and betray us, and how...



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