A Grand Metamorphosis: Contributions to the Spiritual-scientific Anthropology and Education of Adolescents

Reviews

It in a of my personal favorite book. It is written in easy terms and never hard to understand. It’s been designed in an exceedingly easy way and it is only after I finished reading this publication by which in fact changed me, change the way I think.

(Lucinda Stiedemann)
A tumultuous situation arises in the relationship between the adolescent and the world. This tumultuous situation is necessary, and as teachers, we need to have it in mind during the years leading up to it. Overly sensitive teachers might get the idea that it would be better to spare young people this upheaval. However, in so doing, they would make themselves the worst enemy of youth. Rudolf Steiner Adolescence is the period during which we first sense, as human beings, our responsibility for earthly existence, and, inevitably, it is a time of turbulent transition and inner turmoil. During the first two seven-year periods of life, our soul, spiritual being gradually incarnates. With puberty, it takes hold of our whole being and turns outward to befriend the Earth and the forces of life and death. Steiner calls this profound inner transformation a grand metamorphosis. As parents and teachers and as individuals who still bear its fruits and wounds, we all know the contours of the upheaval. However, educational and parenting practices too often ignore it, unaware that the great changes in our children call for equally great changes in us. To remedy this, Dr. Peter Selg proposes, Use Rudolf Steiner’s work to highlight the fundamental structure of the crisis of adolescence and the pedagogical challenges that emerge as a result. As a psychiatrist who has worked intensively with adolescents in crisis, and who carries a deep existential and thorough scholarly knowledge of Steiner’s teachings, Dr. Selg highlights the radical nature of Steiner’s approach, which demands that teachers and parents change as their children change. Drawing on Steiner’s practical admonitions during lectures and teacher’s meetings, Selg reminds us that...

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